

5,0 km / Walken
Ergebnis

Sortierung nach Platz

Platz	Start-Nr	Nachname	Vorname	Jhrg	Verein/Ort	Stunden	Platz	AK
1	216	Popa	Laura	1979	TuS Heessen - LAZ Hamm e.V.	00:35:29	1	W 30
2	288	Ruhmann	Gabriele	1958	DJK Borussia	00:36:52	1	W 50
3	255	Zurek-Imhoff	Beatrix	1959	TuS Hilstrup	00:37:14	2	W 50
4	167	Neumann-Steinbreie	Petra	1957	TuS Hilstrup	00:37:15	3	W 50
5	57	Müller	Petra	1965	HSC 08	00:37:16	1	W 40
6	130	Klemann	Cornelia	1959	HSV	00:37:18	4	W 50
7	176	Wagener	Heike	1965	TuS Hilstrup	00:38:08	2	W 40
8	59	Ernst	Antje	1965	HSC 08	00:38:10	3	W 40
9	169	Polle	Jutta	1961	TuS Hilstrup	00:38:11	1	W 45
10	171	Schaefer	Veronika	1957	TuS Hilstrup	00:38:16	5	W 50
11	165	Matthes	Regina	1945	TuS Hilstrup	00:38:27	1	W 60
12	50	Vanscheidt	Hannelore	1952	Seniorenheim St .Stephanus	00:38:44	1	W 55
13	198	Büttner	Jutta	1955	Walk-Team pro.Mamma	00:39:00	6	W 50
14	160	Gindera	Elke	1964	TuS Hilstrup	00:39:02	2	W 45
15	258	Groh	Marie-Luise	1935	Ski Club Ahlen	00:39:09	1	W 70
16	78	Koch	Marlies	1954	TV Westfalia	00:39:51	2	W 55
17	150	Pöter	Gudrun	1957	DJK Borussia Hamm	00:40:08	7	W 50
18	149	Schulte	Angelika	1952	DJK Borussia Hamm	00:40:13	3	W 55
19	152	Schwennecker	Petra	1962	DJK Borussia Hamm	00:40:14	3	W 45
20	178	Ziegler	Ruth	1936	TuS Hilstrup	00:40:29	2	W 70
21	309	Wessel	Waltraud	1951	HSC 08	00:40:51	4	W 55
22	80	Ernst	Heidi	1939	TV Westfalia	00:40:52	3	W 70
23	177	Weygardt	Martina	1963	TuS Hilstrup	00:40:58	4	W 45
24	108	Stueber	Lotte	1952	LG Deiringsen	00:41:01	5	W 55
25	174	Steermann	Anita	1956	TuS Hilstrup	00:41:11	8	W 50
26	159	Gadau	Conny	1965	TuS Hilstrup	00:41:11	4	W 40
27	92	Allery	Katharina	1963	TV Westfalia	00:41:21	5	W 45
28	88	Büttner	Irmis	1948	TV Westfalia	00:41:28	2	W 60
29	87	Lohmann	Irene	1952	TV Westfalia	00:41:32	6	W 55
30	265	Schwietert	Nikola	1969		00:41:34	5	W 40
31	97	Hußmann	Mechtild	1963	Miss Sporty – Stockenten	00:41:46	6	W 45
32	100	Koski	Erika	1953	Miss Sporty – Stockenten	00:41:47	7	W 55
33	157	Böhmert	Stephanie	1951	TuS Hilstrup	00:42:31	8	W 55
34	259	Segger	Rosemarie	1942	TuS 09	00:42:32	1	W 65
35	291	Lodenkemper	Ute	1955	VHS Hamm	00:42:34	9	W 50
36	28	Lieske	Heidrun	1956	TV Flerke	00:42:41	10	W 50
37	294	Schallenberg	Martina	1958	VHS Hamm	00:42:42	11	W 50
38	148	Jahns	Annegret	1953	DJK Borussia Hamm	00:42:46	9	W 55
39	151	Wendt	Ingrid	1953	DJK Borussia Hamm	00:42:47	10	W 55
40	147	Sommer	Annelie	1950	DJK Borussia Hamm	00:42:48	11	W 55
41	254	Manthey	Ingeborg	1957	Hamm	00:42:58	12	W 50
42	282	Hoselmann	Mechthild	1957	Radbod Runners	00:43:34	13	W 50
43	33	Rubbert	Claudia	1965	Wir	00:43:35	6	W 40
44	32	Köhne	Annette	1950	Wir	00:43:36	12	W 55
45	231	Schütz	Gerhild	1951	TV Flerke	00:43:37	13	W 55
46	156	Al-Homsy	Barbara	1953	TuS Hilstrup	00:43:40	14	W 55
47	166	Neuhann	Elfi	1953	TuS Hilstrup	00:43:59	15	W 55
48	256	Backhaus	Janne	1976	Hamm	00:44:11	2	W 30
49	135	Hoer	Sieglinde	1963		00:44:28	7	W 45
50	269	Alfers	Simone	1967	TV Westfalia Hamm	00:44:30	7	W 40
51	272	Schulze	Helena	1958	VFL Mark	00:45:16	14	W 50

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52	273	Bermann	Anne	1956	VFL Mark	00:45:17	15	W 50
53	126	Kruse	Heike	1961	Lauftreff Hohenlimburg	00:45:35	8	W 45
54	199	Abdinghoff	Birgit	1962	Walk-Team pro.Mamma	00:45:37	9	W 45
55	293	Krömer	Beatrix	1952	VHS Hamm	00:45:38	16	W 55
56	266	Schlingelhof	Elfie	1934	VHS	00:45:39	1	W 75
57	96	Versmann	Irmgard	1946	Miss Sporty – Stockenten	00:45:45	3	W 60
58	296	Malzahn	Christa	1956	VHS Hamm	00:45:50	16	W 50
59	94	Boving	Brigitte	1947	Miss Sporty – Stockenten	00:45:56	4	W 60
60	8	Prutz	Ursula	1950		00:46:03	17	W 55
61	6	Winter	Frauke	1977		00:46:04	3	W 30
62	34	Wiedemhöver	Katja	1971	Wir	00:46:41	1	W 35
63	35	Joswig	Erika	1940	Wir	00:46:42	2	W 65
64	95	Renger	Beate	1966	Miss Sporty – Stockenten	00:46:54	8	W 40
65	99	Stevens	Susanne	1970	Miss Sporty – Stockenten	00:46:55	2	W 35
66	257	Gniatkowski	Elfie	1950	Lauffreunde Bönen	00:47:00	18	W 55
67	234	Look	Birgitt	1951	TV Flerke	00:47:12	19	W 55
68	230	Althoff	Regina	1958	TV Flerke	00:47:15	17	W 50
69	229	Schmitz	Veronika	1949	TV Flerke	00:47:17	5	W 60
70	62	Kötters-Wenner	Marion	1960	SV Westfalia Rhynern	00:47:45	10	W 45
71	64	Höltje	Ursula	1955	SV Westfalia Rhynern	00:47:46	18	W 50
72	63	Höltje	Christa	1950	SV Westfalia Rhynern	00:47:47	20	W 55
73	91	Quadflieg	Erika	1935	TV Westfalia	00:47:57	4	W 70
74	90	Günther	Heti	1934	TV Westfalia	00:47:58	2	W 75
75	155	Mölle	Marie	1950	Walk-Team pro.Mamma	00:48:01	21	W 55
76	172	Schlüter	Monika	1949	TuS Hilstrup	00:48:07	6	W 60
77	232	Linden	Angelika	1947	TV Flerke	00:48:26	7	W 60
78	236	Overhoff	Irmgard	1937	TV Flerke	00:48:37	5	W 70
79	235	Klapthor	Renate	1938	TV Flerke	00:48:38	6	W 70
80	200	Dütz	Gisa	1950	Walk-Team pro.Mamma	00:48:43	22	W 55
81	42	Kayser	Barbara	1976	TuS 01 Heessen - LAZ Hamm	00:48:44	4	W 30
82	270	Hesener	Maria	1948	TuS Westfalia	00:48:45	8	W 60
83	271	Fahnmann	Kordula	1961	TV Westfalia Hamm	00:48:46	11	W 45
84	233	Kaiser	Gudrun	1959	TV Flerke	00:48:48	19	W 50
85	113	Heese	Rebecca	1965		00:48:49	9	W 40
86	89	Seiffert	Heidi	1942	TV Westfalia	00:48:55	3	W 65
87	84	Hannemann	Ingrid	1937	TV Westfalia	00:48:57	7	W 70
88	83	Paulferborn	Marlies	1947	TV Westfalia	00:48:58	9	W 60
89	79	Ruppert	Regina	1953	TV Westfalia	00:48:59	23	W 55
90	228	Raba	Roswitha	1944	TV Flerke	00:48:59	4	W 65
91	227	Dröge	Lisa	1947	TV Flerke	00:49:00	10	W 60
92	82	Fuhlmann	Hildegard	1939	TV Westfalia	00:49:11	8	W 70
93	93	Hermann	Christel	1939	TV Westfalia	00:49:16	9	W 70
94	49	Kröner	Gudrun	1954		00:49:48	24	W 55
95	305	Wäsche	Ulrike	1952	Hamm	00:49:50	25	W 55
96	45	Möller	Doris	1953		00:49:51	26	W 55
97	98	Pawelec	Annemarie	1961	Miss Sporty – Stockenten	00:50:42	12	W 45
98	125	Braun	Elsbeth	1927	Lauftreff Hohenlimburg	00:50:54	1	W 80
99	86	Hey	Maria	1935	TV Westfalia	00:51:46	10	W 70
100	85	Scholz-Rösler	Liesbeth	1937	TV Westfalia	00:51:47	11	W 70