

| Platz | StartNr | Nachname | Vorname | Jahrg. | Verein | Zeit |
|-------|---------|------------------|------------|--------|---------------------------|----------|
| 1 | 24 | MARPE-HOERSTING | SABINE | 1967 | Spiridon Haltern | 00:22:02 |
| 2 | 219 | ZIEROCK | UTE | 1964 | Marathon Soest | 00:22:20 |
| 3 | 20 | CLASSEN | KERSTIN | 1973 | | 00:22:33 |
| 4 | 144 | UELZMANN | CHRISTINE | 1967 | Lauffreunde Boenen | 00:22:41 |
| 5 | 121 | LENFERS-LUECKER | PETRA | 1963 | SV Herbern | 00:23:15 |
| 6 | 297 | Langenbach | Barbara | 1955 | LG Hamm | 00:23:16 |
| 7 | 321 | Pohlmann | Birgit | 1959 | FC Nordkirchen | 00:24:00 |
| 8 | 316 | Niederhaus | Margot | 1969 | SV Westfalia Rhynern | 00:24:46 |
| 9 | 155 | BREER | CLAUDIA | 1956 | HSC 08 | 00:25:33 |
| 10 | 145 | GUTSCHOW | JUTTA | 1966 | Lauffreunde Boenen | 00:26:01 |
| 11 | 22 | HUMPERT | KORNELIA | 1960 | SFDF | 00:26:49 |
| 12 | 291 | Bernal | Ulrike | 1961 | Marathon Soest | 00:26:55 |
| 13 | 227 | DELBRÜGGER | PETRA | 1961 | Lauf Team Unna | 00:27:09 |
| 14 | 220 | MAERKER | JULIA | 1998 | SC Eintracht Hamm | 00:27:18 |
| 15 | 309 | Langerbein | Lisa | 1996 | Tri As Hamm | 00:27:33 |
| 16 | 318 | Kölling | Susanne | 1971 | | 00:27:59 |
| 17 | 298 | Schulte | Anita | 1955 | LT Bad Sassendorf | 00:28:25 |
| 18 | 211 | KAEMPER | MARIE | 1994 | Lauf Team Unna | 00:28:34 |
| 19 | 11 | KARACH HULD | MANUELA | 1963 | OSC 01 Hamm | 00:28:47 |
| 20 | 299 | Jungmann | Miriam | 1974 | LT Bad Sassendorf | 00:28:52 |
| 21 | 111 | FLORISSEN | RENATE | 1951 | SV Westfalia Rhynern | 00:28:54 |
| 22 | 13 | CLOODT | MELANIE | 1972 | TLV Ruenthe | 00:29:00 |
| 23 | 175 | PUFAHL | BARBARA | 1962 | TLV Ruenthe | 00:29:02 |
| 24 | 163 | MANTHEI | STEPHANIE | 1961 | TuS Hiltrup | 00:29:53 |
| 25 | 18 | BECKERS | ANGELIKA | 1954 | Betriebssport Bertelsmann | 00:29:59 |
| 26 | 95 | WIERCKE-KALKBREN | PETRA | 1954 | | 00:30:03 |
| 27 | 329 | Keine | Anja | 1971 | SSV | 00:30:06 |
| 28 | 153 | DUECHTING | CHRISTINA | 1958 | HSC 08 | 00:30:09 |
| 29 | 295 | Göde | Joabella | 1964 | Nording Working Club | 00:30:15 |
| 30 | 215 | KESSNER | ADELHEID | 1943 | LG Hamm | 00:30:22 |
| 31 | 12 | PARCHOW | ANKE | 1960 | OSC 01 Hamm | 00:30:24 |
| 32 | 191 | ROTHER | ANETTE | 1956 | TuS 59 Hamm | 00:30:42 |
| 33 | 128 | ERDMANN | KARIN | 1946 | Laufftreff-Hohenlimburg | 00:31:06 |
| 34 | 312 | Langerbein | Nicole | 1970 | Tri As Hamm | 00:31:06 |
| 35 | 5 | KRUSZINSKI | INGRID | 1957 | SFDF | 00:31:14 |
| 36 | 90 | HEGEMANN | SIBYLLE | 1957 | SFDF | 00:31:35 |
| 37 | 161 | GINDERA | ELKE | 1964 | TuS Hiltrup | 00:31:40 |
| 38 | 213 | BOECKENDORF | INGE | 1962 | TV Flerke | 00:31:40 |
| 39 | 206 | LEITNER | ELISABETH | 1954 | Lauf Team Unna | 00:31:47 |
| 40 | 131 | BIRKENFELD | KLAUDIA | 1969 | | 00:32:01 |
| 41 | 205 | COMDRA | HELENA | 1975 | Lauf Team Unna | 00:32:04 |
| 42 | 328 | Engl | Maria | 1954 | Westfalia Rhynern | 00:32:09 |
| 43 | 199 | PEREIRA | ISABEL | 1962 | Lauf Team Unna | 00:32:20 |
| 44 | 226 | SANDER | BIRGIT | 1952 | TV Westfalia Hamm | 00:32:31 |
| 45 | 16 | BEUNING | JESSICA | 1981 | Westfalia Rhynern | 00:32:35 |
| 46 | 15 | KNICKER | NINA | 1980 | | 00:32:35 |
| 47 | 122 | BUCHHOLZ | HEIKE | 1966 | ROTrunner | 00:32:39 |
| 48 | 301 | Thyron | Marie-Anne | 1953 | LSF Münster | 00:32:43 |
| 49 | 176 | ZIEGELHOEFER | CLAUDIA | 1965 | | 00:32:53 |
| 50 | 3 | BEAUGRAND | ANNETTE | 1966 | SFDF | 00:33:02 |
| 51 | 14 | KREMERKOTHEN | BIANCA | 1971 | Tus Uentrop | 00:33:03 |
| 52 | 146 | LINNENLUECKE | MONIKA | 1950 | Turnverein Wiescherhoefen | 00:33:06 |

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|-----|------|-----------------|-----------|------|-------------------------------|----------|
| 53 | 147 | MUELLER-LOESEKE | NICOLE | 1971 | TusUentrop | 00:33:15 |
| 54 | 17 | GOSCHKE | SABINE | 1966 | LSFMuenster | 00:33:26 |
| 55 | 21 | SCHWITZKI | TANJA | 1969 | SFDF | 00:33:40 |
| 56 | 221 | ALICH-QUELL | JUTTA | 1965 | SFDF | 00:33:43 |
| 57 | 223 | TRILLKEN | MECHTHILD | 1963 | SFDF | 00:34:01 |
| 58 | 180 | WIEDENMANN | HELLA | 1957 | TV Westfalia Hamm | 00:34:03 |
| 59 | 1 | HAGEMANN | SILKE | 1975 | Wiese | 00:34:09 |
| 60 | 132 | WITTEMEIER | BETTINA | 1960 | ROTrunner | 00:34:14 |
| 61 | 8 | HOFMEISTER | MATHILDE | 1956 | | 00:34:24 |
| 62 | 133 | BUETTNER | JUTTA | 1955 | pro mamma Walking-Team | 00:34:25 |
| 63 | 300 | Grühsinger | Ilse | 1941 | LSF Münster | 00:34:29 |
| 64 | 9 | GOEHRING | UTE | 1968 | Tus Uentrop | 00:34:53 |
| 65 | 210 | KAEMPER | DIANA | 1963 | Lauf Team Unna | 00:34:54 |
| 66 | 319 | Nau | Gertrud | 1948 | DJK Grün Weiß Werl | 00:35:40 |
| 67 | 92 | WOLF | STEFANIE | 1983 | SFDF | 00:36:34 |
| 68 | 308 | Ruhland | Doris | 1956 | Seniorenheim St. Stephanus | 00:37:28 |
| 69 | 306 | Vanscheidt | Hannelore | 1952 | Seniorenheim St. Stephanus | 00:37:28 |
| 70 | 19 | SOWA | ISABELLA | 1965 | SFDF | 00:37:29 |
| 71 | 89 | GOLISCH | BETTINA | 1969 | SFDF | 00:37:29 |
| 72 | 86 | KHODAVERDI | SILVIA | 1968 | SFDF | 00:37:31 |
| 73 | 23 | GARN | KRISTINA | 1986 | TG Holzwickede Laufftreff | 00:37:50 |
| 74 | 2 | VON DER HEYDE | DOROTHEA | 1989 | TG Holzwickede Laufftreff | 00:38:03 |
| 75 | 25 | HAU | MARTINA | 1964 | | 00:38:26 |
| 76 | 207 | DEBIE | ULLA | 1960 | Lauf Team Unna | 00:38:39 |
| 77 | 200 | FIGUEIRA | NOEZLIA | 1962 | Lauf Team Unna | 00:38:41 |
| 78 | 123 | SCHMIDT | ANGELIKA | 1951 | SFDF | 00:38:52 |
| 79 | 222 | LEITHOLD | VANESSA | 1987 | SFDF | 00:38:57 |
| 80 | 5001 | Unbekannt | Unbekannt | 1991 | | 00:38:58 |
| 81 | 143 | FLIESCHER | BRIGITTE | 1953 | Lauffreunde Boenen | 00:38:58 |
| 82 | 302 | Ollschewsky | Gisela | 1950 | LF Bönnen | 00:38:59 |
| 83 | 203 | MEIBECK | DAGMAR | 1962 | Lauf Team Unna | 00:39:02 |
| 84 | 142 | WALTER | INGRID | 1953 | Lauffreunde Boenen | 00:39:03 |
| 85 | 214 | SANDMANN | KRISTIN | 1987 | SFDF | 00:39:08 |
| 86 | 94 | STARK | ERIKA | 1952 | SFDF | 00:39:12 |
| 87 | 179 | SCHRIEVERSMANN | SANDRA | 1973 | Tus Uentrop | 00:39:13 |
| 88 | 178 | PRILL | TANJA | 1975 | Tus Uentrop | 00:39:14 |
| 89 | 93 | DEGENER-CORDES | ILKA | 1955 | SFDF | 00:39:30 |
| 90 | 91 | WOLF | EDELTRUD | 1956 | SFDF | 00:40:11 |
| 91 | 81 | SUTHOLT | CLAUDIA | 1956 | | 00:40:36 |
| 92 | 204 | PINTO | EMILIA | 1956 | Lauf Team Unna | 00:40:49 |
| 93 | 303 | Koski | Erika | 1953 | Ski Club Münster "Stockenten" | 00:41:00 |
| 94 | 6 | KOTHENSCHULTE | KAROLIN | 1980 | | 00:41:04 |
| 95 | 7 | BOEGGE | NICOLE | 1981 | SV Eilmsen-Vellinghausen | 00:41:04 |
| 96 | 84 | EHREN | JESSICA | 1985 | Wohnen und unterstuetzen | 00:42:17 |
| 97 | 82 | KUEHLER | KRISTIN | 1984 | Wohnen und unterstuetzen | 00:42:18 |
| 98 | 10 | HUERBUESCHER | BEATE | 1967 | SFDF | 00:42:21 |
| 99 | 202 | DA SILVA | ANGELA | 1965 | Lauf Team Unna | 00:43:00 |
| 100 | 198 | LOENNE-WIEMANN | ULLA | 1947 | Lauf Team Unna | 00:43:01 |
| 101 | 217 | STREFFING | VERENA | 1986 | | 00:44:56 |
| 102 | 218 | WROBEL | BIRGITT | 1960 | | 00:44:58 |
| 103 | 124 | WULF | STEPHANIE | 1967 | HSC 08 | 00:45:34 |

Plat AK

1 W 40
1 W 45
1 W 35
2 W 40
2 W 45
1 W 55
1 W 50
3 W 40
2 W 55
3 W 45
2 W 50
3 W 50
4 W 50
1 Schi B
1 Schi A
4 W 40
3 W 55
1 wJgd B
4 W 45
2 W 35
1 W 60
3 W 35
5 W 45
5 W 50
4 W 55

5 W 55
5 W 40
6 W 50
6 W 45
1 W 65
7 W 50
6 W 55
2 W 65
6 W 40
8 W 50
9 W 50
7 W 45
8 W 45
7 W 55
7 W 40
4 W 35
8 W 55
9 W 45
9 W 55
1 W 30
2 W 30
10 W 45
10 W 55
11 W 45
12 W 45
8 W 40
2 W 60

9 W 40
13 W 45
10 W 40
14 W 45
15 W 45
10 W 50
5 W 35
11 W 50
11 W 55
12 W 55
1 W 70
11 W 40
16 W 45
3 W 60
1 W HK
13 W 55
14 W 55
17 W 45
12 W 40
13 W 40
2 W HK
3 W HK
18 W 45
12 W 50
19 W 45
4 W 60
4 W HK
5 W HK
15 W 55
5 W 60
20 W 45
16 W 55
6 W HK
17 W 55

6 W 35
7 W 35
18 W 55
19 W 55
20 W 55
21 W 55
22 W 55
3 W 30
4 W 30
7 W HK
8 W HK
14 W 40
21 W 45

6 W 60
9 W HK
13 W 50
15 W 40